

KS3 STUDY SKILLS - TEACHING RESOURCES - WORKSHEETS

REVISION CRACKED! First Steps

Notes for Users

This pdf includes 8 sessions (16 pages) of FREE CLASSROOM WORKSHEETS to use as part of your KS3 study skills programme.

How to make the most of these worksheets:

1. Buy copies of our *Revision Cracked! First Steps* KS3 study guide for your students.
2. Download and print copies of our FREE classroom worksheets* (the worksheets start on page 2 of this pdf).
3. Use *Revision Cracked! First Steps* and the worksheets as part of your study skills programme **during tutor periods, PSHE sessions or at Focus/Extra-Curricular Days.**
4. On completing the worksheets, give your students a copy of *Revision Cracked! First Steps* to take home for continuing support and future reference.

*Please note that these worksheets are designed to accompany *Revision Cracked! First Steps*. They won't make any sense to students if used as a stand-alone resource!

- There are 8 worksheets in total, one for each of the topics covered in the study guide, plus an Action Planning worksheet. The topics are:
 1. Revision & Study Skills: WHAT'S the POINT?
 2. How do I REVISE for TESTS?
 3. How do I PLAN my REVISION?
 4. How can I DO MY BEST in TESTS?
 5. How can I REDUCE TEST STRESS?
 6. How do I GET ORGANISED at HOME?
 7. How do I GET my HOMEWORK DONE?
- Each worksheet is 2 pages and consists of a variety of questions based on the study guide plus a suggested group/class discussion point. Students will need to read through the relevant chapter of the study guide before attempting the worksheets.
- Answers aren't provided as they're pretty straightforward to find by reading the relevant chapter of the study guide.

*Please contact me if you need any help with using these worksheets.
If you've used this resource at your School, I'd love to hear from you.*

Happy Study Skills!

Tim Foot

CONTINUE SCROLLING DOWN TO FIND THE WORKSHEETS.....

KS3 STUDY SKILLS

REVISION CRACKED! First Steps

Worksheet 1. WHAT'S the POINT?

This worksheet is about getting you to think about why study skills are important. **READ THROUGH Chapter 1** of the *Revision Cracked! First Steps* study guide. Now work through the questions below.

Circle true or false

true false People at the top of their game constantly need to work on their key skills to perform at their best.

true false If you want to get really good at something you've got to practice doing it over and over again.

true false KS3 students can wait until Year 10 before working on study and revision skills.

true false Tests and exams are only useful to teachers.

Rate yourself using the scale

1 = never 2 = sometimes 3 = usually 4 = always

_____ I try to find better ways of studying.

_____ I use classroom tests to find where the gaps are in my learning.

Give the name of an athlete, dancer, footballer, martial artist, actor, musician, singer, vlogger or any other person who is **really good at what they do**.

Write down the skills you think they need to perform at their best.

Person: _____

Key skills: _____

Fill in the missing word:

As a KS3 student, developing **i**_____ **t** study skills is essential to your success at school.

Name **3 key study skills** which KS3 students need to work on.

1. _____
2. _____
3. _____

Fill in the missing words:

Tests and homework help you to find out where the _____ are in your learning.

Getting feedback from teachers about tests you've sat and homework you've done helps you to _____ the gaps in your learning.

You have looked at why **study skills are important**.

If you improve your study and revision skills, what difference would it make?

Write down **one way** having better study skills **would help you**.

(Look back at Chapter 1 of *Revision Cracked! First Steps* for ideas!)

Having better study and revision skills would will help me because:

Group/class discussion point:

“If you're the sort of person who hates sitting tests, you'll never be any good at them.”

Do you think this statement is true?

KS3 STUDY SKILLS

REVISION CRACKED! First Steps

Worksheet 2. REVISE for TESTS

This worksheet is about helping you to get better at revising for tests.
READ THROUGH Chapter 2 of *Revision Cracked! First Steps* study guide.
 Now work through the questions below.

Rate yourself using the scale

1 = never 2 = sometimes 3 = usually 4 = always

_____ When I revise for a test I just flick through my class notes.

_____ When I revise I make flashcards.

_____ I test myself when I need to memorise key facts.

Circle yes or no

yes no I use active revision methods.

yes no I spend most of my revision time covering topics I'm good at.

yes no If teachers run special revision sessions I go along.

Fill in the missing words:

When you revise a topic, start by trying to _____ it. It's very
 difficult to _____ stuff if it doesn't make any _____ to you.

What's a **flashcard**? What sort of subjects can they be used to revise for?

Give **two reasons** why flashcards are really useful to make.

1. _____

2. _____

Fill in the missing words:

To make a flashcard, start by reading through your _____. Then pick out the _____ and write them down as _____.

Fill in the missing steps for trying to **memorise** the key facts on a **flashcard**.

1. Grab a bunch of flashcards on a topic.
2. _____
3. _____
4. _____
5. _____
6. Now grab another bunch and do the same!

When revising for a long period of time, what can you do to help yourself **concentrate better**?

Give two **revision methods** other than flashcards and testing:

1. _____
2. _____

You have looked at **some ideas** for revising for tests.

Now write down **one new revision idea** to try out and **say why it will help you**. (Look back at Chapter 2 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because _____

Group/class discussion point:

Some students say they don't bother revising because they forget everything by the time they sit the test. Suggest something these students can do to help them to remember things?

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Worksheet 3. PLAN my REVISION

This worksheet is about helping you to get well organised for tests.

READ THROUGH Chapter 3 of *Revision Cracked! First Steps* study guide.

Now work through the questions below.

Rate yourself using the scale

1 = never

2 = sometimes

3 = usually

4 = always

_____ I leave doing revision until the last possible minute.

_____ When my teacher says I've got a test, I make sure I find out what topics will be covered.

_____ I plan ahead when I'm going to do my revision.

Circle agree or disagree

agree disagree It makes sense to wait until you're in the mood before trying to do any revision.

agree disagree It's best to take regular breaks when revising.

agree disagree It's a good idea to give yourself a reward after a revision session.

Fill in the missing words:

_____ and careful revision makes you feel more _____ ,
reduces _____ levels and helps you get better _____ !

Give **two things** you need to **know about a test** before you sit it:

1. _____

2. _____

What's a **revision checklist**? How do you use one?

Fill in the missing **Golden Rules** for deciding when to start revising.

#1. _____

#2. Don't leave your revision until the last minute.

#3. _____

When thinking about the **place you revise**, say one thing it's **good to do** and one thing you definitely shouldn't do!

Good thing to do: _____

Definitely shouldn't do: _____

When is it a good time to use a **revision timetable**?

You have looked at **some ideas** for how to plan ahead for tests.

Now write down **one of these ideas** to try out and **say why it will help you**.
(Look back at Chapter 3 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because _____

Group/class discussion point:

What are the things that can go wrong when trying to plan and use a revision timetable? How do you suggest avoiding these problems?

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REVISION CRACKED! First Steps

Worksheet 4. DO MY BEST in TESTS

This worksheet is about helping you to get better at taking tests.

READ THROUGH Chapter 4 of *Revision Cracked! First Steps* study guide.

Now work through the questions below.

Rate yourself using the scale

1 = never

2 = sometimes

3 = usually

4 = always

_____ I find out in advance what sort of questions will be in the test.

_____ I rush around on the morning of a test getting equipment ready.

_____ I run out of time when I take tests.

Circle yes or no

yes no I read each question twice before I start my answer.

yes no I have a go at every question on the paper.

yes no I leave a bit of time at the end to check over my answers.

One of the things it's good to know about a test is where it will take place.

Name **two other things** it's useful to know about a test beforehand.

1. _____

2. _____

What sort of things would be a good idea to do the **night before** a test?

Fill in the missing words:

Finish revising at least _____ before you're ready to go to sleep and give yourself time to _____ and _____.

Write down what you could do to help when you're trying to **understand a question**.

Give any three **Top Tips** for maxing out marks in tests and say why it would help you get better marks.

Top Tip A: _____

This helps because: _____

Top Tip B: _____

This helps because: _____

Top Tip C: _____

This helps because: _____

You have looked at **some ideas** for doing your best in tests.

Now write down **one of these ideas** to try out and **say why it will help you**.
(Look back at Chapter 4 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because: _____

Group/class discussion point:

“You can’t really get better at taking tests. You’re either good at it or you’re not.” Do you believe this is true?

KS3 STUDY SKILLS

REVISION CRACKED! First Steps

Worksheet 5. REDUCE TEST STRESS

This worksheet is about helping you to handle stress around taking tests.
READ THROUGH Chapter 5 of *Revision Cracked! First Steps* study guide.
 Now work through the questions below.

Rate yourself using the scale

1 = never 2 = sometimes 3 = usually 4 = always

- _____ If I'm feeling stressed out by a test, I talk to someone about it.
- _____ I carry on meeting up with my friends and doing the things I enjoy when I'm sitting the end of year tests.
- _____ I keep telling myself I'm going to do badly in tests.

Circle agree or disagree

- agree disagree* It's normal to feel nervous when sitting tests.
- agree disagree* Being well prepared helps to reduce test stress.
- agree disagree* If you're feeling stressed out it's important to talk to someone about it.

Is asking for help when you feel stressed out about sitting a test a sign of **strength or weakness**? Why do you say that?

If a friend is feeling anxious about a test, who would you suggest they talk to?
What are the **benefits of talking to someone** about how you feel?

Fill in the missing words:

Thinking you won't do very well before a test drains away your _____
and makes you less _____ about studying hard.

Make sure you set aside time to do the things that _____ you and
take your mind off your revision.

Briefly describe **3 ways** to **beat test stress**.

1. _____

2. _____

3. _____

You have looked at **some ideas** for helping you to feel less anxious about
taking tests.

Now write down **one of these ideas** to try out and **say why it will help you**.
(Look back at Chapter 5 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because: _____

Group/class discussion point:

Trying to find ways of reducing exam stress is pointless because it depends on what sort of person you are. Do you agree with this point of view?

KS3 STUDY SKILLS

REVISION CRACKED! First Steps

Worksheet 6. GET ORGANISED at HOME

This worksheet is about helping you to develop good study habits at home.
READ THROUGH Chapter 6 of *Revision Cracked! First Steps* study guide.
Now work through the questions below.

Rate yourself using the scale

1 = never 2 = sometimes 3 = usually 4 = always

_____ The place where I study at home is free from distractions.

_____ I pack my bag the night before on school days.

_____ My school books end up in a big pile in my bedroom.

Circle yes or no

yes no I have a copy of my lesson timetable stuck up in my bedroom.

yes no I have a special place at home where I store my school books.

yes no I have a checklist of all the things I need to take to school.

Why do you think it's a good idea to have a **regular place** to study at home?

Fill in the missing words:

If you have a regular place to study at home, have things around you that make you feel _____, like favourite photos or _____ quotes.

Give one reason why it's a good idea to have a **noticeboard in your bedroom**.

Write down some ways to get your **family involved** in supporting you in your school work.

Why do you think it's a good idea to **store your school books tidily**?

Name 3 things you could do to make it easier to get **stuff ready for school**.

1. _____
2. _____
3. _____

Name 2 things you could do to keep your **computer files organised**.

1. _____
2. _____

You have looked at **some ideas** for getting yourself organised at home.

Now write down **one of these ideas** to try out and **say why it will help you**.
(Look back at Chapter 6 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because: _____

Group/class discussion point:

A friend tells you that it's impossible to find a quiet place at home to study. What would you suggest they do?

KS3 STUDY SKILLS

REVISION CRACKED! First Steps

Worksheet 7. GET my HOMEWORK DONE

This worksheet is about helping you to get more homework done on time.
READ THROUGH Chapter 7 of *Revision Cracked! First Steps* study guide.
Now work through the questions below.

Rate yourself using the scale

1 = never

2 = sometimes

3 = usually

4 = always

_____ I leave doing homework until the last minute.

_____ I do my homework to the best of my ability.

_____ I listen carefully when homework is given out.

Circle yes or no

yes no If I don't understand a piece of homework I ask the teacher to go over it.

yes no I follow some sort of study routine at home.

yes no I do homework in front of the TV.

Fill in the missing words:

Homework tasks set by teachers involve students working _____
using their own _____ and _____ and doing it in their own
_____.

Give 2 good reasons why homework is important.

1. _____

2. _____

A student wants to set up a **study routine** when they get home from school. What sort of things do they need to think about?

Why is it generally a good idea to do homework on the **day you get it**?

Before you **begin a study session**, you can do some simple things that help you to stay on task. **Write down 3** of these.

1. _____
2. _____
3. _____

You have looked at **some ideas** for getting your homework done.

Now write down **one of these ideas** to try out and **say why it will help you**. (Look back at Chapter 7 of *Revision Cracked! First Steps* for ideas!)

The new idea I will try out: _____

This will help me because: _____

Group/class discussion point:

What are the upsides and downsides of sometimes trying to do homework during break, lunchtime or after school?

REVISION CRACKED! First Steps

MY ACTION PLAN

Name: _____

This worksheet is about helping you to pick out and put into action new study habits. After reading *Revision Cracked! First Steps* and tackling the Worksheets covering chapters 1-7, it's time to think about making changes to your own study habits.

*So, go ahead and list below **3 study habits** that YOU would **like to start doing**.*

(For example: Set up a study routine | Get a bedroom noticeboard | Revise for tests etc.)

Study habit 1: _____

Study habit 2: _____

Study habit 3: _____

Now let's think about these 3 new study habits in a bit more detail.

Study habit 1: _____

How will this new study habit help you? _____

What exactly will you do differently? _____

What obstacles or difficulties might you face? _____

How will you overcome these obstacles? _____

Study habit 2: _____

How will this new study habit help you? _____

What exactly will you do differently? _____

What obstacles or difficulties might you face? _____

How will you overcome these obstacles? _____

Study habit 3: _____

How will this new study habit help you? _____

What exactly will you do differently? _____

What obstacles or difficulties might you face? _____

How will you overcome these obstacles? _____

Hope that's been useful. I wish you every success!

GO FOR IT!!!